

cold starters

Antipasto Misto 🍷	£9.50
Platter of cured Italian meats, marinated olives, sun dried tomatoes, mozzarella, and pecorino cheese	
Melone E Gamberetti 🍷	£8.50
Prawn and melon with Marie Rose sauce	
Insalata Caprese 🍷 🌱	£6.95
Tomato, basil, and mozzarella cheese drizzled in extra virgin olive oil	
Prosciutto E Melone 🍷	£7.95
Melon topped with parma ham	
Bruschetta Al Pomodoro 🍷 🌱	£5.50
Toasted bread topped with chopped tomatoes marinated in garlic, basil, and extra virgin olive oil	
Bruschetta Con Parma	£6.95
Toasted bread topped with chopped tomatoes marinated in garlic, basil, and extra virgin olive oil topped with parma ham	

hot starters

Minestrone Soup 🍷 🌱	£5.00
Homemade mixed vegetable soup served with a slice of bread	
Arancini	£6.95
Rolled risotto balls stuffed with mozzarella and spinach in a light tomato sauce with garlic, chilli and mixed herbs	
Gamberoni Piccanti 🌶️ 🌶️	£8.95
Pan fried king prawns in garlic, chilli, butter, cherry tomatoes and parsley with a splash of white wine served with a slice of bread	
Calamari Fritti	£7.95
Fried squid rings served on a bed of salad with a lemon wedge and aioli sauce	
Capesante Dello Chef 🌶️ 🌶️	£10.95
Large scallops with cherry tomatoes, garlic, parsley and butter with a splash of white wine	
Polpette Di Carne 🌶️ 🌶️	£6.95
Homemade meatballs cooked in a tomato sauce with garlic, chilli, and herbs	
Cozze Alla Marinara 🌶️ 🌶️	£7.95
Mussels in a tomato sauce with garlic, chilli, parsley and white wine served with a slice of bread	
Formaggio Di Capra 🌱	£6.95
Goats cheese in breadcrumbs lightly fried, served on a bed of salad topped with caramelised red onions	

pasta

All of our pastas are cooked al dente

Tagliatelle Frutti Di Mare 🌶️ 🌶️	£14.50
Italian egg pasta with mixed seafood, cream, tomato sauce, garlic, chilli, and parsley	
Linguine Con Gamberi E Pomodorini 🌶️ 🌶️	£13.50
Italian pasta with king prawns, cherry tomatoes, garlic, chilli, butter, and basil with a splash of white wine	
Linguine Prawn Rosa 🌶️ 🌶️	£12.95
Italian pasta with diced prawns, mascarpone cheese, cream, tomato sauce, garlic, and chilli	
Linguine Nduja 🌶️ 🌶️ 🌶️ 🌶️	£11.95
Italian pasta with calabrese nduja sausage in ricotta and onion (VERY SPICY)	
Spaghetti Cozze e Vongole 🌶️ 🌶️	£12.95
Italian pasta with mussels, clams, cherry tomatoes, garlic, chilli, parsley, butter	
Spaghetti Con Polpette 🌶️ 🌶️	£11.50
Italian pasta with homemade meatballs in a tomato sauce with garlic, chilli, and herbs	
Spaghetti Bolognese	£10.95
Italian pasta with beef ragú in a tomato sauce	
Spaghetti Carbonara	£10.50
Italian pasta with pancetta, cream, free-range egg yolk, black pepper, and parmesan cheese	
Spaghetti Napoli 🍷 🌱	£8.95
Italian pasta with tomato sauce with garlic and basil	
Penne Amatriciana 🌶️ 🌶️	£10.95
Italian pasta in a tomato sauce with Italian pancetta, onion garlic, chilli, and herbs	
Penne Con Pollo	£9.95
Italian pasta with diced chicken, cream, onion, and mushroom	
Penne Primavera 🌱 🌶️ 🌶️	£9.95
Italian pasta with cherry tomatoes, garlic, chilli, butter topped with shaved pecorino cheese	
Penne Arrabbiata 🍷 🌱 🌶️ 🌶️	£8.95
Italian pasta in a tomato sauce with garlic, chilli, and herbs	
Lasagna Della Nonna	£10.95
Homemade unique traditional recipe of beef lasagne	
Please allow 30 minutes cooking time	

risotto

Risotto Frutti Di Mare 🍷 🌶️ 🌶️	£14.50
Italian rice with mixed seafood in cream, tomato sauce, garlic, chilli, and parsley	
Risotto Verdure 🍷 🌱	£9.50
Italian rice with mixed vegetables and parmesan cheese in a cream sauce	
Risotto Funghi e Pancetta 🍷	£10.95
Italian rice with pancetta, onion, mushroom, parmesan cheese and parsley	
Risotto Nduja 🍷 🌶️ 🌶️ 🌶️ 🌶️	£11.95
Italian rice with calabrese nduja sausage in ricotta and onion (VERY SPICY)	

pizza

Our pizza dough is freshly homemade every day, along with our tomato and basil sauce. All our pizzas have a tomato sauce and mozzarella cheese base

Margherita 🌱	£8.95
Cheese and tomato	
Primavera 🌱	£9.95
Buffalo mozzarella, cherry tomatoes, spinach, and olives	
Napoli	£9.95
Capers, anchovies, and garlic	
Vegetariana 🌱	£9.95
Courgette, aubergine, and mixed peppers	
4 Formaggi 🌱	£10.95
Mozzarella, gorgonzola, fontina, and goat's cheese	
Piccante 🌶️	£10.95
Pepperoni	
Caprina 🌱	£10.50
Goat's cheese, cherry tomatoes, and rocket salad	
Diavola 🌶️ 🌶️ 🌶️ 🌶️	£11.95
Calabrese nduja sausage, fontina cheese, pepperoni (SPICY)	
Manfredonia	£10.95
Tuna, olives, cherry tomatoes and red onion	
Le Tre Sorelle 🌶️	£11.50
Chicken breast, Italian pancetta, pepperoni, and red onion	
Calzone Piccante 🌶️	£11.95
Pepperoni, goats cheese, red onion, garlic, and oregano	
Extra Toppings	from £0.70

fish

Spigola Bel Mare	£16.95
Fresh seabass fillet cooked with cherry tomatoes, garlic, butter, basil, extra virgin olive oil with a dash of white wine served with rosemary roast potatoes and mixed vegetables	
Salmone Alla Fiorentina	£16.50
Fresh salmon fillet cooked with spinach, mushrooms, and onions in a cream sauce with a dash of white wine served with rosemary roast potatoes and mixed vegetables	
Capesante E Gamberoni 🌶️🌶️	£21.95
Large king prawns and scallops cooked in garlic, chilli, cherry tomatoes and parsley with a touch of cream and white wine served with a slice of bread	
Misto Di Pesce Al Forno	£23.95
Salmon, seabass, king prawns, squid, scallops with polenta on a bed of salad	

salads

Chicken Salad 🍷	£8.50
Tomato, cucumber, mixed salad, chicken breast, topped with light mayo	
Salmon Salad 🍷	£8.50
Tomato, cucumber, mixed salad, salmon fillet, topped with a lemon dressing	
Vegetable Salad 🍷 🌶️ 🌿	£8.50
Mixed grilled vegetables, mixed salad with garlic and parsley dressing	

Key Information

- 🍷 Gluten Free
- 🌶️ Vegan
- 🌿 Vegetarian
- 🌶️🌶️ Spice, ranging from 1 to 5, 1 being mild and 5 being very spicy

*Dishes are available gluten free upon request, except pizza's. There is a £1.50 surcharge for gluten free penne pasta, please allow extra cooking time
 *For all bookings of 8 people and over £10 deposit per person and pre-order is required
 *Free WIFI for customers dining with us - Please ask staff for more details
 *No service charge is included in your bill

PLEASE LET STAFF KNOW IF YOU HAVE ANY ALLERGIES

meat

Pollo Campagnola 🍷	£14.50
Chicken breast cooked with Italian pancetta, mushrooms, and onion in a cream sauce with a dash of white wine served with rosemary roast potatoes and seasonal vegetables	
Pollo Cacciatora 🍷	£14.95
Chicken breast cooked with onion, olives, sun dried tomatoes, garlic and herbs in a tomato sauce with a dash of white wine served with rosemary roast potatoes and mixed vegetables	
Saltimbocca Alla Romana	£16.95
Veal scallop topped with parma ham and sage cooked in butter and white wine served with rosemary roast potatoes and seasonal vegetables	
Vitello Al Marsala	£15.95
Veal scallop pan fried in sweet marsala wine served with rosemary roast potatoes and seasonal vegetables	
Fegato Di Vitello	£16.95
Strips of calf's liver cooked with onion, rosemary, and black pepper in a splash of white wine vinegar served with rosemary roast potatoes and mixed vegetables	
Spezzatino Di Agnello e Spinaci 🍷 🌶️🌶️	£17.95
Diced lamb leg cooked in spinach, onion, garlic, and chilli with a dash of white wine served with risotto	
Spalla Di Agnello 🍷	£17.95
Slow roasted lamb shoulder (off bone) served with mixed vegetables and rosemary roast potatoes	

from the grill

Filetto Di Manzo Alla Griglia (8oz) 🍷	£28.95
28 day matured beef fillet steak chargrilled to your choice served with rosemary roast potatoes and mixed vegetables	
Bistecca Di Manzo Alla Griglia (8oz) 🍷	£25.95
28 day matured beef ribeye steak chargrilled to your choice served with rosemary roast potatoes and mixed vegetables	
Braciola Di Agnello Alla Griglia (250g) 🍷	£16.95
Chargrilled lamb chops served with rosemary roast potatoes and mixed vegetables	
Carne Mista 🍷	£23.95
Pork fillet, Italian sausage, leg lamb steak, half sirloin steak served on a bed salad with fries	

sides

Garlic Bread 🌿	£4.95
10" Stoned pizza bread topped with garlic butter	
Garlic Bread Cheese 🌿	£5.50
10" stoned pizza bread topped with garlic butter and cheese	
Pane Della Casa 🌶️ 🌿	£3.30
Toasted bread with a sprinkle of mixed herbs served with a pot of balsamic vinegar and olive oil	
Olive Miste 🍷 🌶️ 🌿 🌶️	£3.50
Mixed marinated olives	
Patate Al Forno 🍷 🌶️ 🌿	£3.30
Rosemary roast potatoes	
Patatine Fritte 🍷 🌶️ 🌿	£2.95
Fried chips	
Insalata Mista 🍷 🌶️ 🌿	£4.50
Mixed salad with tomato and cucumber drizzled with balsamic vinegar	
Insalata Italia 🍷 🌿	£4.95
Rocket salad with strawberries and shaved parmesan cheese drizzled in balsamic vinegar	
Le Tre Sorelle 🍷 🌿	£4.95
Mixed salad with pear, walnuts and pecorino cheese drizzled in honey	
Pomodoro E Cipolla 🍷 🌶️ 🌿	£3.50
Tomato and red onion with a sprinkle of oregano drizzled with extra virgin olive oil	
Spinaci 🍷 🌶️ 🌿	£3.95
Spinach cooked with extra virgin olive oil and garlic	
Funghi Trifolati 🍷 🌿	£5.50
Pan fried mushrooms cooked in butter, garlic, and parsley with a dash of white wine	
Mixed Vegetables 🍷 🌶️ 🌿	£3.30
Mixed vegetables drizzled in olive oil	
Sauces	
Peppercorn, Mushroom, Gorgonzola, Napoli	£1.50
Ketchup, Mayonnaise, Barbeque, English Mustard, French Mustard, Garlic Mayo, Tabasco, Mint Sauce	£0.50