

cold starters

Antipasto Misto Platter of cured Italian meats, marinated olives, sun dried tomatoes, mozzarella, and pecorino cheese	£10.95
Melone E Gamberetti Prawn and melon with Marie Rose sauce	£9.50
Insalata Caprese 🍷 🌱 Tomato, basil, and mozzarella cheese drizzled in extra virgin olive oil	£7.95
Prosciutto E Melone Melon topped with parma ham	£8.95
Bruschetta Affumicato Toasted bread topped with cream cheese, smoked salmon and rocket	£9.95
Bruschetta Al Pomodoro 🍷 🌱 Toasted bread topped with chopped tomatoes marinated in garlic, basil, and extra virgin olive oil	£6.50
Bruschetta Con Parma Toasted bread topped with chopped tomatoes marinated in garlic, basil, and extra virgin olive oil topped with parma ham	£7.95

hot starters

Minestrone Soup 🍷 🌱 Homemade mixed vegetable soup served with a slice of bread	£5.95
Arancini 🌱 🌶️ Rolled risotto balls stuffed with mozzarella and spinach in a light tomato sauce with garlic, chilli and mixed herbs	£7.95
Gamberoni Piccanti 🌶️ 🌶️ Pan fried king prawns in garlic, chilli, butter, cherry tomatoes and parsley with a splash of white wine served with a slice of bread	10.95
Calamari Fritti Fried squid rings served on a bed of salad with a lemon wedge and aioli sauce	£9.50
Capesante Dello Chef 🌶️ 🌶️ Large scallops with cherry tomatoes, garlic, chilli, cream, parsley and butter with a splash of white wine served with a slice of bread	£12.50
Polpette Di Carne 🌶️ 🌶️ Homemade meatballs cooked in a tomato sauce with garlic, chilli, and herbs	£7.50
Cozze Alla Marinara 🌶️ 🌶️ Mussels in a tomato sauce with garlic, chilli, parsley and white wine served with a slice of bread	£8.50
Formaggio Di Capra 🌱 Goats cheese in breadcrumbs lightly fried, served on a bed of salad topped with caramelised red onions	£7.50

pasta

Tagliatelle Con Tonno E Pomodorini 🌶️ 🌶️ Italian egg pasta with tuna, cherry tomatoes, garlic and chilli	£12.50
Tagliatelle Con Salmone Affumicato Italian egg pasta with smoked salmon and cream	£12.50
Tagliatelle Frutti Di Mare 🌶️ 🌶️ Italian egg pasta with mixed seafood, cream, tomato sauce, garlic and chilli	£15.95
Linguine Con Gamberi E Pomodorini 🌶️ 🌶️ Italian pasta with king prawns, cherry tomatoes, garlic, chilli, butter, and basil with a splash of white wine	£14.95
Linguine Prawn Rosa 🌶️ 🌶️ Italian pasta with diced prawns, mascarpone cheese, cream, tomato sauce, garlic, and chill	£14.50
Linguine Nduja 🌶️ 🌶️ 🌶️ Italian pasta with calabrese nduja sausage in ricotta and onion (VERY SPICY)	£12.95
Spaghetti Cozze e Vongole 🌶️ 🌶️ Italian pasta with mussels, clams, cherry tomatoes, garlic, chilli, parsley, butter	£13.50
Spaghetti Con Polpette 🌶️ 🌶️ Italian pasta with homemade meatballs in a tomato sauce with garlic, chilli, and herbs	£12.95
Spaghetti Bolognese Italian pasta with homemade beef ragù in a tomato sauce	£12.50
Spaghetti Carbonara Italian pasta with pancetta, cream, free-range egg yolk, black pepper, and parmesan cheese	£11.95
Spaghetti Napoli 🍷 🌱 Italian pasta with tomato sauce with garlic and basil	£9.95
Penne Alla Norma 🍷 🌱 Italian pasta with aubergine, cherry tomatoes, onion, garlic and tomato sauce	£11.95
Penne Amatriciana 🌶️ 🌶️ Italian pasta in a tomato sauce with Italian pancetta, onion, garlic, chilli, and herbs	£11.95
Penne Con Pollo Italian pasta with chicken, cream, onion, and mushroom	£11.95
Penne Primavera 🌱 🌶️ 🌶️ Italian pasta with cherry tomatoes, garlic, chilli, butter topped with shaved pecorino cheese	£10.50
Penne Arrabbiata 🍷 🌱 🌶️ 🌶️ Italian pasta in a tomato sauce with garlic, chilli, and herbs	£9.95
Gnocchi Quattro Formaggi 🌱 Potato dumplings in a four cheese sauce	£12.50
Gnocchi Alla Sorrentina 🍷 🌱 Oven baked potato dumplings in tomato sauce with basil, parmesan and mozzarella	£11.95
Lasagna Della Nonna Homemade unique traditional recipe of beef lasagne <i>Please allow 30 minutes cooking time</i>	£12.95

risotto

Risotto Frutti Di Mare 🍷 🌶️ 🌶️ Italian rice with mixed seafood in cream, tomato sauce, garlic and chilli	£15.95
Risotto Verde 🍷 🌱 Italian rice with spinach, mascarpone and parmesan cheese	£10.95
Risotto Funghi E Pancetta 🍷 Italian rice with pancetta, onion, mushroom, parmesan cheese and parsley	£11.95
Risotto Nduja 🍷 🌶️ 🌶️ 🌶️ Italian rice with calabrese nduja sausage in ricotta and onion (VERY SPICY)	£12.95

pizza

OUR PIZZA DOUGH IS FRESHLY HOMEMADE EVERY DAY, ALONG WITH OUR TOMATO AND BASIL SAUCE. ALL OUR PIZZAS HAVE A TOMATO SAUCE AND MOZZARELLA CHEESE BASE

Margherita 🌱 Cheese and tomato	£9.95
Primavera 🌱 Buffalo mozzarella, cherry tomatoes, spinach, and olives	£10.95
Affumicato Smoked salmon	£12.50
Vegetariana 🌱 Courgette, aubergine, and mixed peppers	£11.95
4 Formaggi 🌱 Mozzarella, gorgonzola, fontina, and goat's cheese	£12.50
Piccante 🌶️ Pepperoni	£11.95
Caprina 🌱 Goat's cheese, cherry tomatoes, and rocket salad	£11.50
Diavola 🌶️ 🌶️ 🌶️ Calabrese nduja sausage, fontina cheese, pepperoni (SPICY)	£12.95
Manfredonia Tuna, olives, cherry tomatoes and red onion	£11.50
Frutti Di Mare 🌶️ Prawns, mussels, clams and squid topped with garlic	£15.95
Le Tre Sorelle 🌶️ Chicken breast, Italian pancetta, pepperoni, and red onion	£12.95
Calzone Piccante Pepperoni, goats cheese, red onion, garlic, and oregano	£12.95
Extra Toppings	from £0.70

fish

Spigola Bel Mare £17.95

Fresh seabass fillet cooked with cherry tomatoes, garlic, butter, basil, extra virgin olive oil with a dash of white wine served with rosemary roast potatoes and seasonal vegetables

Salmone Al Forno £17.95

Fresh salmon fillet oven baked, with cherry tomatoes and olives on a bed of rocket salad served with rosemary roast potatoes and seasonal vegetables

Gamberoni Al Salentina £24.95

Large king prawns cooked in garlic, chilli, cherry tomatoes and parsley with a touch of cream and white wine served with bread

salads





Chicken Salad £9.95

Tomato, cucumber, mixed salad, chicken breast, topped with light mayo

Salmon Salad £9.95

Tomato, cucumber, mixed salad, salmon fillet, topped with a lemon dressing

Key Information

-  **Gluten Free**
-  **Vegan**
-  **Vegetarian**
-  **Spice, ranging from 1 to 5, 1 being mild and 5 being very spicy**

*Dishes are available gluten free upon request, except pizza's. There is a £1.50 surcharge for gluten free penne pasta, please allow extra cooking time

*For all bookings of 8 people plus a £10 deposit per person is required when reserving your table and pre-order minimum 3 days prior to reservation

*Free WIFI for customers dining with us, please ask staff for more details

*No service charge is included in your bill

*Last updated: November 2022

PLEASE LET STAFF KNOW IF YOU HAVE ANY ALLERGIES

meat

Pollo Campagnola £15.50

Chicken breast cooked with Italian pancetta, mushrooms, and onion in a cream sauce with a dash of white wine served with rosemary roast potatoes and seasonal vegetables

Pollo Cacciatora £15.50

Chicken breast cooked with onion, olives, sun dried tomatoes, garlic and herbs in a tomato sauce with a dash of white wine served with rosemary roast potatoes and seasonal vegetables

Saltimbocca Alla Romana £18.95

Veal scallop topped with parma ham and sage cooked in butter and white wine served with rosemary roast potatoes and seasonal vegetables

Vitello Al Marsala £17.95

Veal scallop pan fried in sweet marsala wine served with rosemary roast potatoes and seasonal vegetables

Fegato Di Vitello £18.95

Strips of calf's liver cooked with onion, rosemary, and black pepper in a splash of white wine vinegar served with rosemary roast potatoes and seasonal vegetables

Scaloppina Di Maiale £16.95

Pork fillet cooked with onion, garlic, chilli, mushrooms, oregano in a tomato sauce with a dash of white wine served with rosemary roast potatoes and seasonal vegetables

Spezzatino Di Agnello e Spinaci £21.95

Diced lamb leg cooked in spinach, onion, garlic, and chilli with a dash of white wine served with risotto

Spalla Di Agnello £21.95

Slow roasted lamb shoulder (off bone) served with rosemary roast potatoes and seasonal vegetables

from the grill

Filetto Di Manzo Alla Griglia (8oz) £34.95

28 day matured beef fillet steak chargrilled to your choice served with rosemary roast potatoes and seasonal vegetables

Bistecca Di Manzo Alla Griglia (8oz) £27.95

28 day matured beef ribeye steak chargrilled to your choice served with rosemary roast potatoes and seasonal vegetables

Braciola Di Agnello Alla Griglia (250g) £19.95

Chargrilled lamb chops served with rosemary roast potatoes and seasonal vegetables

Carne Mista £26.95

Pork fillet, Italian sausage, lamb, half sirloin steak served on a bed salad with chips

sides

Garlic Bread £5.95

10" Stoned pizza bread topped with garlic butter

Garlic Bread Cheese £6.95

10" stoned pizza bread topped with garlic butter and cheese

Pane Della Casa £4.50

Toasted bread with a sprinkle of mixed herbs served with a pot of balsamic vinegar and olive oil

Olive Miste £3.50

Mixed marinated olives

Patate Al Forno £4.50

Rosemary roast potatoes

Patatine Fritte £3.95

Fried chips

Insalata Mista £5.50

Mixed salad with tomato and cucumber drizzled with balsamic vinegar

Insalata Italia £6.50

Rocket salad with strawberries and shaved parmesan cheese drizzled in balsamic vinegar

Le Tre Sorelle £6.50

Mixed salad with pear, walnuts and pecorino cheese drizzled in honey

Pomodoro E Cipolla £5.50

Tomato and red onion with a sprinkle of oregano drizzled with extra virgin olive oil

Spinaci £4.95

Spinach cooked with extra virgin olive oil and garlic

Funghi Trifolati £6.50

Pan fried mushrooms cooked in butter, garlic, and parsley with a dash of white wine

Mixed Vegetables £3.95

Mixed vegetables drizzled in olive oil

Sauces

Peppercorn, Mushroom, Gorgonzola, Napoli £1.50

Ketchup, Mayonnaise, Barbeque, English Mustard, French Mustard, Garlic Mayo, Tabasco, Mint Sauce £0.50