

cold starters

Antipasto Misto Platter of cured Italian meats, marinated olives, sun dried tomatoes, mixed cheese and bread	£11.50
Mango E Gamberetti 🌱🌿 Mango topped with prawns, marie rose sauce and paprika	£9.95
Prosciutto e Bufala 🌱 Buffalo mozzarella cheese, parma ham and rocket drizzled in basil olive oil	£11.95
Prosciutto e Melone 🌱 Melon topped with parma ham	£9.50
Bufala Caprese 🌱🌿 Tomato, basil and buffalo mozzarella cheese drizzled in extra virgin olive oil	£8.95
Bruschetta Al Pomodoro 🌿🌱 Toasted bread topped with chopped tomatoes marinated in garlic, basil, and extra virgin olive oil	£6.95
Bruschetta Con Parma Toasted bread topped with chopped tomatoes marinated in garlic, basil, and extra virgin olive oil topped with parma ham	£8.50

hot starters

Minestrone Soup 🌿🌱 Homemade mixed vegetable soup served with a slice of bread	£6.50
Arancini 🌿🌶️ Ricotta and spinach-filled risotto balls in a light tomato sauce with garlic, chilli, and mixed herbs	£8.95
Gamberoni Piccanti 🌶️🌶️ Pan-fried whole king prawns in garlic, chilli, butter, cherry tomatoes, white wine and parsley served with a slice of bread	£11.95
Calamari Fritti Fried squid rings served on a bed of salad with a lemon wedge and aioli sauce	£10.50
Capesante Dello Chef 🌶️🌶️ Large scallops with cherry tomatoes, garlic, chilli, cream, parsley, butter white wine and a touch of tomato sauce, served with a slice of bread	£13.50
Polpette Di Carne 🌶️🌶️ Homemade meatballs cooked in a tomato sauce with garlic, chilli and herbs topped with pecorino cheese	£8.50
Cozze Alla Marinara 🌶️🌶️ Fresh mussels in a tomato sauce with garlic, chilli, parsley, butter and white wine served with a slice of bread	£9.95
Formaggio Di Capra 🌱 Goats cheese in breadcrumbs lightly fried, served on a bed of salad topped with cranberry sauce	£8.50

pasta

Linguine Frutti Di Mare 🌶️🌶️ Italian pasta with mixed seafood, cherry tomatoes, garlic, chilli, butter, parsley	£16.95
Linguine Con Gamberi E Pomodorini 🌶️🌶️ Italian pasta with whole king prawns, cherry tomatoes, garlic, chilli, butter, and basil with a splash of white wine	£15.95
Linguine Prawn Rosa 🌶️🌶️ Italian pasta with diced king prawns, mascarpone cheese, cream, tomato sauce, garlic and chilli	£15.95
Linguine Cozze e Vongole 🌶️🌶️ Italian pasta with mussels, clams, butter, cherry tomatoes, garlic, chilli and parsley	£14.95
Linguine Nduja 🌶️🌶️🌶️ Italian pasta with calabrese nduja sausage, onion, tomato sauce and pecorino cheese <i>*Please note; the nduja sausage melts into a sauce whilst cooking</i>	£13.95
Tagliatelle Con Salmone Affumicato Italian egg pasta with smoked salmon, cream and parmesan cheese	£13.95
Tagliatelle Napoli 🌱 Italian egg pasta in a tomato sauce with garlic and basil	£11.95
Spaghetti Con Polpette 🌶️🌶️ Italian pasta with homemade meatballs in a tomato sauce with garlic, chilli, and herbs	£13.95
Spaghetti Bolognese Italian pasta with homemade beef ragù in a tomato sauce	£13.50
Spaghetti Carbonara Italian pasta with pancetta, cream, free-range egg yolk, black pepper, and parmesan cheese	£13.50
Spaghetti Arrabbiata 🌱🌿🌶️🌶️ Italian pasta in a tomato sauce with garlic, chilli, and herbs	£10.95
Rigatoni Con Pollo Italian pasta with chicken, cream, onion, mushrooms and parmesan cheese	£13.50
Rigatoni Amatriciana 🌶️🌶️ Italian pasta in a tomato sauce with Italian pancetta, onion, garlic, chilli, and herbs	£13.50
Rigatoni Primavera Italian pasta with cherry tomatoes, garlic and butter topped with pecorino cheese	£11.95
Panzerotti Ricotta e Spinaci Pasta parcels with a spinach and ricotta filling in a tomato and basil sauce with parmesan cheese	£15.95
Agnolotti All'Arragosta Pasta parcels with a lobster filling in a butter, white wine and sage sauce with parmesan cheese	£16.95
Lasagna Della Nonna Homemade unique traditional recipe of beef lasagne <i>*Please allow 30 minutes cooking time</i>	£13.95

risotto

Risotto Frutti Di Mare 🌱🌿🌶️🌶️ Italian pasta with mixed seafood, cherry tomatoes, garlic, chilli, butter, parsley	£16.95
Risotto Ai Porcini 🌱 Italian rice with mixed wild mushrooms, onion, cream and parmesan cheese	£12.95
Risotto Funghi E Pancetta 🌱 Italian rice with pancetta, onion, mushroom, parmesan cheese and parsley	£13.50

pizza

OUR PIZZA DOUGH IS FRESHLY HOMEMADE EVERY DAY, ALONG WITH OUR TOMATO AND BASIL SAUCE

Margherita Fior di latte mozzarella and tomato sauce	£10.95
Marinara 🌱🌿 Tomato sauce, oregano and garlic	£10.95
Genovese (White Base) Fior di latte mozzarella, pesto, Italian sausage and goats' cheese	£13.95
Giardinera (White Base) Fior di latte mozzarella, broccoli rabe, Italian sausage, pancetta and brie	£13.95
Primavera (White Base) Fior di latte mozzarella, parma ham, pecorino, cherry tomatoes and rocket	£12.95
Le Tre Sorelle (White Base) 🌶️ Fior di latte mozzarella, Italian sausage, pancetta, pepperoni and broccoli rabe	£14.50
4 Formaggi (White Base) Fior di latte mozzarella, brie, goats' cheese and pecorino	£13.50
Vegetariana Fior di latte mozzarella, tomato sauce, courgette, aubergine and mixed peppers	£12.95
Piccante 🌶️ Fior di latte mozzarella, tomato sauce and pepperoni	£12.95
Caprina Fior di latte mozzarella, tomato sauce, goats' cheese, cherry tomatoes and rocket salad	£12.95
Diavola 🌶️🌶️🌶️ Fior di latte mozzarella, tomato sauce, calabrese nduja sausage, brie and pepperoni	£13.95
Frutti Di Mare Fior di latte mozzarella, tomato sauce, prawns, mussels, clams, squid and garlic	£16.95
Calzone Piccante 🌶️ Fior di latte mozzarella, tomato sauce, pepperoni, goats' cheese, red onion, garlic and oregano	£13.95
Extra Toppings	from £1.50

fish

Spigola Bel Mare £19.95

Fresh seabass fillet with cherry tomatoes, garlic, butter, basil, extra virgin olive oil with a dash of white wine served with risotto cooked in saffron powder and parmesan cheese

Salmone Al Forno £19.95

Fresh salmon fillet oven baked, with cherry tomatoes and olives on a bed of salad served with risotto cooked in saffron powder and parmesan cheese

Gamberoni Alla Salentina £29.95

Scallops, king prawns, mussels and clams cooked in garlic, chilli, butter, cherry tomatoes, parsley, olive oil and white wine served with risotto cooked in saffron powder and parmesan cheese

Sapori Di Mare £25.95

Large king prawns in garlic, chilli, cherry tomatoes and parsley with a touch of cream and tomato sauce served with bread

salads





Chicken Salad £12.95

Tomato, cucumber, mixed salad, chicken breast, topped with light mayo

Salmon Salad £12.95

Tomato, cucumber, mixed salad, salmon fillet, topped with a lemon dressing

Key Information

-  **Gluten Free**
-  **Vegan**
-  **Vegetarian**
-  **Spice, ranging from 1 to 5, 1 being mild and 5 being very spicy**

*Dishes are available gluten free upon request, except pizzas. There is a £1.50 surcharge for gluten free penne pasta, please allow extra cooking time

*All bookings of 8+ people a £10 non-refundable deposit per person is required when reserving your table and pre-order minimum 3 days prior to reservation

*Free WIFI for customers dining with us, please ask staff for more details

*No service charge is included in your bill

*Last updated: January 2024

PLEASE LET STAFF KNOW IF YOU HAVE ANY ALLERGIES

meat

Pollo Campagnola £15.95

Chicken breast with Italian pancetta, mushrooms, and onion in a cream sauce with white wine served with rosemary roast potatoes and seasonal vegetables

Pollo Pizzaiola £15.95

Chicken breast with onion, tomato sauce, black pepper, oregano and mozzarella served with rosemary roast potatoes and seasonal vegetables

Pollo Diavola £15.95

Chicken breast with onion, garlic, chilli and herbs in a tomato sauce with white wine served with rosemary roast potatoes and seasonal vegetables

Scallopina Di Vitello £19.95

Veal escalope in a tomato sauce, with onion, garlic and chilli served with rosemary roast potatoes and seasonal vegetables

Saltimbocca Alla Romana £19.95

Veal escalope topped with parma ham and sage cooked in butter and white wine served with rosemary roast potatoes and seasonal vegetables

Fegato Di Vitello £18.95

Strips of calf's liver with onion, rosemary, and black pepper in a splash of white wine and vinegar served with rosemary roast potatoes and seasonal vegetables

Carne In Terracotta £22.95

Diced veal slow-cooked with onions, ricotta, garlic, chilli, and herbs in a tomato sauce, then oven-baked for a finishing touch served with bread

**Please allow 30 minutes cooking time*

Filetto Di Maiale £17.95

Pork fillet with onion, garlic, chilli, mushrooms, oregano in a tomato sauce with white wine served with rosemary roast potatoes and seasonal vegetables

Spezzatino Di Agnello e Spinaci £22.95

Diced lamb leg cooked in spinach, onion, garlic, and chilli with a dash of white wine served with risotto

Spalla Di Agnello £22.95

Slow roasted lamb shoulder (off the bone) served with risotto

from the grill

Filetto Di Manzo Alla Griglia (8oz) £34.95

28-day matured beef fillet steak chargrilled to your choice served with rosemary roast potatoes and seasonal vegetables

Bistecca Di Manzo Alla Griglia (8oz) £27.95

28-day matured beef ribeye steak chargrilled to your choice served with rosemary roast potatoes and seasonal vegetables

Braciola Di Agnello Alla Griglia (250g) £21.95

Chargrilled lamb chops served with rosemary roast potatoes and seasonal vegetables

sides

Garlic Bread £6.50

10" Stoned pizza bread topped with garlic butter

Garlic Bread Cheese £7.50

10" Stoned pizza bread topped with garlic butter and cheese

Pane Della Casa £4.95

Toasted bread with a sprinkle of mixed herbs served with a pot of balsamic vinegar and olive oil

Olive Miste £3.95

Mixed marinated olives

Patate Al Forno £4.95

Rosemary roast potatoes

Patatine Fritte £4.50

Fried chips

Insalata Mista £5.95

Mixed salad with tomato and cucumber drizzled with balsamic vinegar

Insalata Italia £6.95

Rocket salad with strawberries and pecorino cheese drizzled in balsamic vinegar

Le Tre Sorelle £6.95

Mixed salad with pear, walnuts and pecorino cheese drizzled in honey

Pomodoro E Cipolla £5.95

Tomato and red onion with a sprinkle of oregano drizzled with extra virgin olive oil

Spinaci £4.95

Spinach cooked with extra virgin olive oil and garlic

Funghi Trifolati £6.95

Pan fried mushrooms cooked in butter, garlic, and parsley

Mixed Vegetables £4.50

Mixed vegetables drizzled in olive oil

Sauces

Peppercorn, Mushroom, Napoli £1.95

Ketchup, Mayonnaise, Barbeque, English Mustard, £0.50

French Mustard, Garlic Mayo, Mint Sauce